

DR RIZI TIMANE

TRANSGENDER ADVOCATE · PUBLIC SPEAKER ·
TRANSGENDER ENTERTAINER · TRANS-SENSITIVITY TRAINER



www.rizitimane.com

DR. RIZI TIMANE LCSW, DSW BIOGRAPHY

Dr. Rizi Timane LCSW, DSW, is an entertainer, a licensed psychotherapist, and a Certified Trans-sensitivity and Diversity Trainer who advocates for transgender rights.

Working with the trans community

In June 2018, he spoke at the United Nations Global Entrepreneur Summit on the need for greater trans awareness and trans workplace advocacy. Rizi is the recipient of the 2019 Transgender Visibility Award, which was presented to him in a televised event at City Hall by Congressman Mitch O'Farrell and the City of Los Angeles Transgender Advisory Council. Now in private practice at Rizi Timane Psychotherapy and Consulting, Rizi has previously worked within the trans community in various affirming roles since 2007. His prior work includes being a trans minister, an affirming LGBTQIA2S+ psychotherapist at the LA. LGBT Center, and prior service as the Associate Director of the nation's largest transgender health program overseeing over 4000 transgender patients at St. John's Well Child and Family Clinic in Downtown Los Angeles.



In working with the trans community, Rizi has encountered many trans youth and adults who desire gender confirmation surgery but cannot afford it. As a response to this truly heartbreaking situation, Rizi established an annual transgender surgery grant that provides financial support to them so they can undergo gender confirmation surgery if they desire it but can't afford it. Since its inception in 2012, the grant has been exclusively funded from a portion of Rizi's personal income, including from portions of his first edition memoir, private therapy practice, acting gigs, speaking engagements, and music sales.

Singing & Acting

When Rizi is not advocating for trans rights, working with the community as a licensed therapist, or providing trans-sensitivity training to others, he is pursuing his other passion as an entertainer. Throughout his challenging life growing up trans without adequate support, Rizi found solace in music and acting. He wrote his first song at age six and created the first-ever drama club in his high school in Nigeria. Rizi notes that as long as people were listening to him sing or laughing at his improv performance, the bullying stopped, and he was able to feel that he was just like everyone else. The passion to entertain remained with Rizi well past his high school years, and he has since released five albums and numerous singles to date.

His music genres span World, Afro-House, Pop, EDM, Gospel, and Hip Hop, and all his songs feature positive lyrics that encourage the LGBTQI community to live authentically no matter what challenges they encounter. Rizi has performed at over 40 Pride festivals and LGBTQI events in the US and Europe. His single, "Feels Good to Be Free" featuring trans star, Miss Candis Cayne, and his Trump response single "Love is All We Need," are viral on Youtube. Rizi's acting career is also thriving and includes guest star roles on TV, as well as movie roles alongside some notable Hollywood actors. Most recently, he appeared as a Trans immigrant in NBC'S Medical Drama, New Amsterdam, Season 4 episode 9 titled "In a Strange Land" lending true lived authenticity to the role.

Whether he is advocating on behalf of trans people, training others on trans sensitivity and diversity, or simply entertaining, Rizi's message to the LGBTQI community is twofold: "First, be your authentic self — it's the only way to inner peace and happiness. Second, if you are in search of a relationship with God, Source, the Universe, or whatever you call the power that creates worlds, a spiritual path to unconditional love and acceptance does exist for you, free from condemnation and negative judgement."

SPEAKER TOPICS

01

CULTURAL COMPETENCY AND TRAUMA-INFORMED CARE FOR WORKING WITH TRANS AND TRANS BIPOC CLIENTS/PATIENTS: CREATE A WELCOMING AND GENDER-AFFIRMING SAFE AND TRUSTING ENVIRONMENT.

Audience: Therapists, Psychiatrists, Psychologists, Social workers, Physicians, Nurses, HR Professionals, Hospitals, College clinics and/or Community health care staff.

Your capacity to deliver LGBTQIA2S+ informed care could mean the difference between life and death for a patient. When LGBTQIA2S+ patients seek assistance from you, they are vulnerable and need to be heard and understood. It's vital that you comprehend the complexity of LGBTQIA2S+ mental health and how they affect treatment and the formation of identity. To fully care for these individuals, you'll need specific knowledge, therapies, and radically healing techniques. Dr. Rizzi will walk you through the honest, raw, and in-depth training you'll need to become an LGBTQIA2S+ aware, culturally humble, and ethically curious doctor, nurse, clinic staff, social worker, and/or therapist! Dr. Rizzi will provide the most effective LGBTQIA2S+ informed therapies available today to assist your patients in living authentic and meaningful lives!

You'll learn how to use clinical interventions effectively to: Minimize the effects of Discrimination and micro-aggressions. Reduce the damaging impacts of shame and minority stress on individuals. Encourage Self-discovery and self-pride journeys. Create a sense of safety, trust, connection and rapport within the therapist-client, doctor-patient, and all other patient-staff interactions. Pursue ethical curiosity while eliminating an entitlement to know. And so much more!

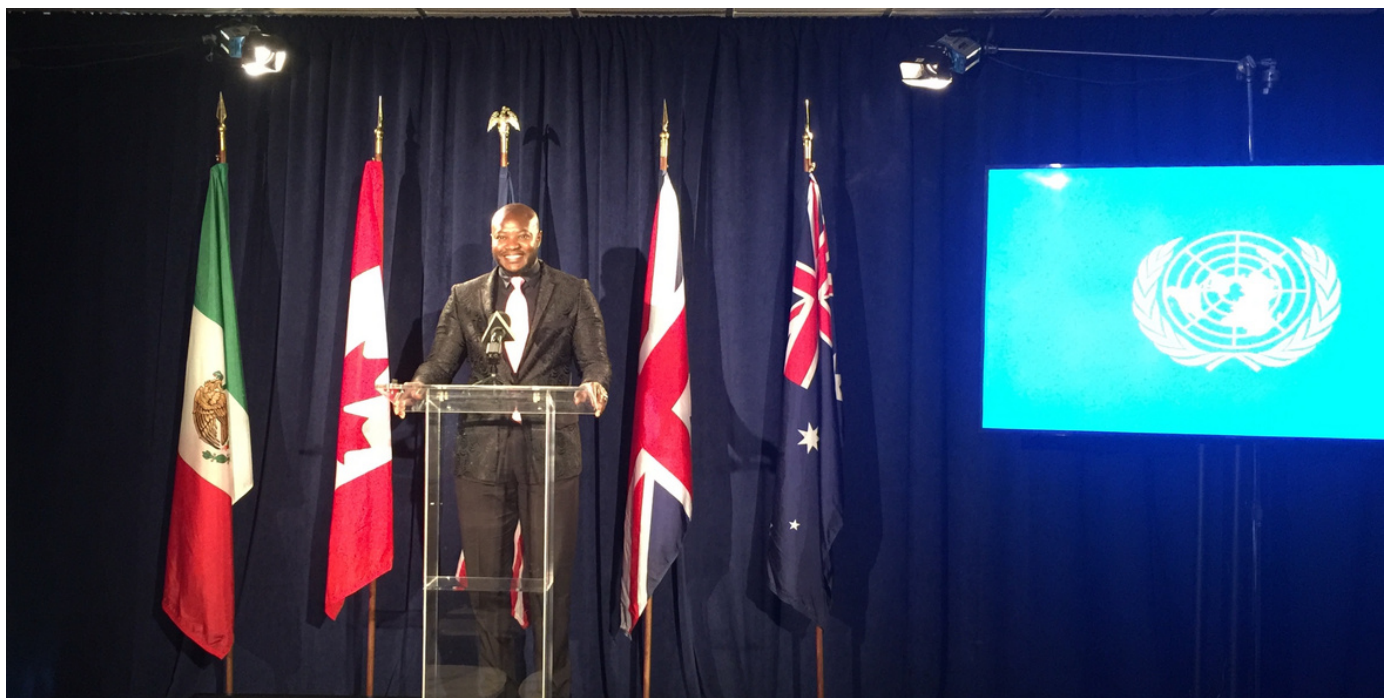
02

THRIVING AS YOUR AUTHENTIC SELF: THE LESSONS WE MUST LEARN FROM THE BIPOC TRANS COMMUNITY.

Audience: Allies, Transgender Individuals, Pride Organizations.

Intersectionality - Race, Gender, Social Class, Religion, Culture, Immigration...How do those words come together to help you overcome life obstacles and build incredible resilience?

In this 60-minute keynote, Dr Rizzi brings the audience along the journey to recognizing personal strength, perseverance, and connecting with your authentic-self to achieve self-actualization.



03

BUILDING AN INCLUSIVE CULTURE: WELCOMING TRANSGENDER AND NONBINARY EMPLOYEES.

Audience: Companies exploring LGBTQ+ Inclusion, HR Professionals, People Leaders, DE&I Professionals.

Why do pronouns matter? What do I say and how do I say it?

Learn about more than inclusive language and pronouns in this 60-minute presentation and Q&A session. Dr Rizi guides the audience through understanding the importance of building an environment where all employees are empowered to be their authentic selves. You will be empowered to explore how an inclusive environment increases productivity and employee retention, and understand the need to review policies and practices, create brave spaces, and welcome transgender and nonbinary employees into your organization.



04

BUILDING AN INCLUSIVE CULTURE: WELCOMING TRANSGENDER AND NONBINARY STUDENTS.

Audience: Colleges/Schools exploring LGBTQ+ Inclusion, Education Professionals, People Leaders, DE&I Professionals.

Why do pronouns matter? What do I say and how do I say it?

Learn about more than inclusive language and pronouns in this 60-minute presentation and Q&A session. Dr Rizi guides the audience through understanding the importance of building an environment where all students are empowered to be their authentic selves. You will be empowered to explore how an inclusive environment increases student productivity and on/off campus safety, as well as understand the need to review policies and practices, create brave spaces, and welcome transgender and nonbinary students into your school/college.

AS SEEN IN



TESTIMONIALS

“

I am confident in recommending Rizi Timane as a speaker. His passionate style engages the audience and he is incredibly informative. He relates directly with the audience through his lived experiences and provides great advice. He was very energetic and used real-life examples both from his personal life and other professional situations which kept everyone fully engaged.

*Beda G, LCSW.
R.O.A.D.S Clinic*

“

All medical providers and health care facilities as well as other types of organizations would benefit greatly from more interactions by people like Dr. Rizi Timane, LCSW. This is particularly true because it is not an issue of if, but when a transgender person will need to be served at your facility or organization. Rizi can get you and your entire staff fully prepared to engage with them in the appropriate manner.

*Lyle, PA.
L A Trade tech Campus Clinic*

“

Feedback from the students was extremely positive. Many of them commented that he was one of the best speakers they had ever heard!

*Kristy A Clark, M.P.H
UCLA Fielding School of Public Health*

“

We were thoroughly engrossed by his presentation and he received high marks including a standing ovation from our group of Medical Providers. We found him extremely charismatic, motivational, with an authentic passion and drive to make a difference in people's lives.

*Dr Cook.
St John's Community Health Center*



AMAZON BEST SELLING AUTHOR

“Love wins out—My Journey as an African Transman” details Rizi’s discovery at age 8 that he was transgender and shares his journey as he embarks on medically transitioning to live his authentic life. It is a story of survival, growth, self-discovery, internal and family conflict, self-love, resilience, and reconciliation.

WATCH DR. RIZI'S SPEAKING REEL



[Visit the link](#)

CONTACT

 www.rizitimane.com

 [@iamrizitimane](https://www.instagram.com/iamrizitimane)

 323-636-8971

 rizitimane@gmail.com